Name: _______________________________

**Medicine Wheel**

**Outcomes:**

I2.1 Identify the teachings of the Medicine Wheel
I2.2 Explore the many different ways the teachings of the Medicine Wheel may enrich a person’s understanding

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<th>I2.1</th>
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1. The Mi’kmaq believed that they had four different stages in life. What are these life stages and which directions of the medicine wheel are they related to? (4)

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<th>Life Stage</th>
<th>Direction</th>
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2. Why is the number 4 so important in the medicine wheel? Explain. (3)

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3. Why do you think it is called a “medicine wheel”? Be sure to explain your answer. (3)

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4. Below is an example of a blank medicine wheel. On it, place the following labels in the correct location: Community, Creation, District, Me/Self, Nation (5)

4. This medicine wheel diagram is meant to resemble a ripple in water. If this is the case, what does the medicine wheel teach us about our place in the world? Be sure to explain your answer using an example. (3)

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5. Why would this be an important lesson to learn? What problems might be avoided if everyone in society learned this lesson? (2)

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6. The concept of balance is important to the Mi'kmaq culture and is often described through the Medicine Wheel. Using the circles below, draw a balanced and an un-balanced medicine wheel. Make sure to include the 4 wind directions and the 4 aspects of our nature: Spiritual, Emotional, Physical and Mental. (10)
7. **Explain in detail**, why the concept of balance in the Medicine Wheel so important. What happens when your Medicine Wheel is unbalanced? Explain your balanced and un-balanced Medicine Wheel diagrams as examples. (5 points)